What is spinal cord injury nerve pain? [1]

**Answer:**
When you injure your spinal cord, nerves often get damaged. This can cause a specific type of pain—nerve pain from a spinal cord injury. This pain may appear months or even years after your injury. Spinal cord injury nerve pain is a chronic pain condition, and can fluctuate or get worse over time.

The site of your injury determines where you are most likely to feel nerve pain. It’s most common to feel this nerve pain at the site of your injury or anywhere below the injury. However, nerve pain from a spinal cord injury can occur in different areas of your body. Although less common, you may also feel this nerve pain above the site of your injury.

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